



Journal page – Surely You Know

Scripture Focus: *“Every word of God proves true; He is a shield to those who take refuge in Him.” — Proverbs 30:5*

Personal Reflection

Agur began with weariness and honesty. What are you carrying today that makes you feel limited, tired, or unsure?

Write your thoughts below

Lift Your Eyes

Agur’s questions point us upward. Reflect on the majesty of God in verse 4. What do these images—gathering the wind, wrapping the waters—reveal about His power and presence?

Trust in the Word

God’s Word is pure, refined, trustworthy, and God-breathed. Is there a promise or passage you need to cling to today? Write it out and let it be your shield.

Prayer Response

Write a short prayer of surrender and trust. Ask God to help you rest in His Word and take refuge in Him.
